

University of Pretoria Yearbook 2017

Fundamentals of human movement 210 (YCS 210)

Qualification Undergraduate

Faculty [Faculty of Humanities](#)

Module credits 16.00

Programmes [BA Sport and Leisure Studies Sport and Recreation Management](#)

[BA Sport and Leisure Studies Sports Coaching Science](#)

[BA Sport and Leisure Studies Sports Psychology](#)

Prerequisites YCS 120

Contact time 3 lectures per week

Language of tuition Afrikaans and English is used in one class

Academic organisation Sport and Leisure Studies

Period of presentation Semester 1

Module content

In this module basic human anatomy, physiology and kinesiology knowledge and principles related to sports coaching are identified, discussed and applied.

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